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Batatas con Miel de Caña

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Description

A speciality of Malaga, Spain. Sweet potatoes with molasses.

Ingredients

- sweet potatoes
- miel de cana (molasses and syrup mix)
- water

Directions

1. Cut peeled potatoes after into small pieces and boil in molasses with a little water,.

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2. Keep stirring to prevent from catching on the bottom of the pan.
3. Eaten cold or sometimes flavoured with lemon rind or cinnamon, or both at once.

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